

2nd ANNUAL CSAA SAINT XAVIER TRACK CLASSIC

The meet is for 7th and 8th grade boys only and will be held at **Saint Xavier High School** on **Thursday, March 22nd**. Times will be FAT, medals and ribbons will be awarded, and times will be official on the score board. The track is an eight lane, rubber track with two sand pits and separate shot ring. Athletes may wear spikes. The schedule is rolling, but the running will not begin until the jumping portion of the field has finished.

You may enter as many athletes in an individual event as you want, but NO athlete may participate in more than 4 events total.

Athletes will be clerked at the gate at the start of 100 meter dash and they will exit the track by the finish line. Parents will NOT be allowed in the track area, but coaches will. The judge at each event will be the sole determining factor in fouls and legitimate marks and he or she is not expected to announce the mark on a spectator or coaches' cue. Results will be posted on the concession stand portion of the home bleachers.

4:30 – coaches' meeting on midfield

5:00 – Field begins: shot put, long jump, and high jump

Running follows in order after the jumps have completed:

55 meter hurdles

100

800

400

4 x 100

1600

200

* 4 x 400 (only if we have three or more teams)

Entries are due by Monday, March 21st and can be emailed to yochumk@saintxfac.com.

No athlete can be in more than four events, which includes the relay.

We hope to see as impressive a turn out this year as we had last year! Send questions to Coach Brockman at brockmanm@saintxfac.com